



# ENGLISH+SURFING

## *Gold Coast*

AT SBTA AND SELA, WE ARE EXCITED TO OFFER OUR STUDENTS THE OPPORTUNITY TO STUDY ENGLISH WHILE LEARNING TO SURF, WITH THE ADDED BENEFIT OF PRACTICAL SURFING HOURS EACH WEEK

Surfers Paradise, nestled on Australia's Gold Coast in Queensland, earned its distinctive name due to its historical association with the surfer culture and the idyllic allure of its beaches. The name "Surfers Paradise" originated in 1917 when a Brisbane-based real estate agency, Arthur Blackwood, sought to auction off subdivided plots of land in what was then known as Elston, a rural farming community. Despite the auction's failure due to accessibility challenges, the name "Surfers' Paradise Estate" marked the earliest documented use of the term.

The Gold Coast, Australia, is renowned for being an excellent place to learn how to surf for several reasons:

- **Consistent Waves:** The Gold Coast offers a variety of beach breaks that are ideal for beginners. Spots like Surfers Paradise and Broadbeach have consistent, manageable waves that are perfect for learning.
- **Mild Weather:** The Gold Coast enjoys a subtropical climate, meaning warm temperatures year-round. This makes it an inviting destination for surfing, even during the cooler months.
- **Surf Schools and Instructors:** There are numerous surf schools and experienced instructors available on the Gold Coast. These professionals provide lessons for all skill levels, with a focus on safety and technique.
- **Safe Beaches:** Many of the beaches on the Gold Coast are patrolled by lifeguards, ensuring a safe environment for beginners. The presence of lifeguards provides an added layer of security and assistance if needed.
- **Surf Culture:** The Gold Coast has a vibrant surf culture, with a welcoming community of surfers. This supportive environment is encouraging for those new to the sport.
- **Variety of Surf Spots:** The Gold Coast has a range of surf spots that cater to different skill levels. Beginners can start at gentle beach breaks and progress to more challenging waves as they improve.
- **Beautiful Scenery:** Learning to surf on the Gold Coast means you get to enjoy stunning coastal scenery. The beautiful beaches and clear blue waters add to the overall experience of learning to surf in such a picturesque location.
- **Facilities and Amenities:** The Gold Coast is well-equipped with amenities, including surfboard rentals, shops, and cafes. This makes it convenient for beginners to access everything they need for a successful surf lesson.

OVERALL, THE COMBINATION OF EXCELLENT SURF CONDITIONS, SUPPORTIVE INFRASTRUCTURE, AND A WELCOMING COMMUNITY MAKES THE GOLD COAST A PRIME DESTINATION FOR LEARNING HOW TO SURF.

**Sydney Campus**  
Level 2, 401 Sussex St  
Sydney NSW 2000

187 Thomas St,  
Sydney, NSW 2000

**Brisbane Campus**  
Levels 11 & 12  
333 Adelaide St  
Brisbane, QLD 4000

**Gold Coast Campus**  
3059 Surfers Paradise Blvd,  
Surfers Paradise QLD 4217

**Cookery Campus**  
81a Foveaux St  
Surry Hills, NSW 2000

29/115 Wickham St  
Fortitude Valley, Fortitude  
Valley QLD 4006

**Contact**  
+61 2 90486900  
marketing@sbta.com.au  
info@sbta.com.au

*The Lan-Grove Office Training Centre Pty Ltd trading as The Sydney Business and Travel Adacemy,  
SBTA Culinary Institute, The Sydney English Language Academy & SBTA Community Care  
ABN 95 002 965 639 | RTO ID 90412 | CRICOS Provider Code 00181A*

## 5-WEEK ENGLISH FOR SURFING COURSE OUTLINE

Level	Intermediate and above
Course Title	English for Surfing
Duration	5 weeks (Monday to Thursday, 1 hour per day)
Total Hours	20 Hours

### Learning Outcomes

- Communicate effectively using surfing vocabulary and expressions.
- Learn essential beach safety rules and practices.
- Practice practical skills like asking for help, giving directions, and describing surfing experiences.
- Understand and respect marine life and responsible behaviour around aquatic creatures.
- Prepare for a practical surf lesson and develop basic surfing skills.

### Elective Description

"English for Surfing" is a course tailored for ESL learners, combining English language learning with surfing knowledge and skills. This program offers a comprehensive approach to mastering language skills essential for a safe and enjoyable experience in the ocean and for success in surfing contexts. Through focused lessons on surfing vocabulary, techniques, and beach safety, participants gain practical proficiency in English for surfing.

**Materials:** Whiteboard, markers, projector, internet access, surf equipment

### Practical Surf Lesson (2 hours):

Location: Beach with appropriate surfing conditions for beginners.

Equipment: Surfboards, wetsuits, leashes, sunscreen, towels (provided by instructor or school).

Activities: Warm-up exercises, land practice, water practice, feedback session.

Cheyne Horan is a legendary Australian surfer with over 32 years of competitive experience, known for his dedication and unique approach to the sport. Born in Sydney, he began surfing at age 10 and quickly rose through the ranks, becoming the New South Wales Juniors champion and the only competitor to win both the Australian schoolboys surfing and skateboard championships in 1976. Horan's influence extends beyond competition; he has coached numerous champions, developed a widely used surfing instructional DVD, and created a learn-to-surf system that is now standard in schools worldwide. Inducted into the Surfing Hall of Fame in 1986, he remains a respected figure in the surfing community.

**Prices OFFSHORE:** This elective run for 5-week period.

Tuition: \$250/week (Book and pay by 2024)

Material: \$15/week

**Surfing Board:** \$500 (Optional)

5 surfing lessons \$250

(1 lesson per week/ 2 hours lesson)

**Prices ONSHORE:** This elective run for 5-week period.

Tuition: \$230/week (Book and pay by 2024)

Material: \$15/week

**Surfing Board:** \$500 (Optional)

5 surfing lessons \$250

(1 lesson per week/ 2 hours lesson)

\*Students onshore will be able to pay the practical lesson before starting the elective.

FOR MORE INFORMATION, PLEASE CONTACT [MARKETING @SBTA.COM.AU](mailto:MARKETING@SBTA.COM.AU)

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# SBTA SELA

WEEK	DAY	TOPICS	GRAMMAR AND LANGUAGE FOCUS	LEARNING OUTCOME
1	Mon	Introduction to Surfing and Ocean Safety	Vocabulary related to the beach and ocean (e.g., sand, waves, tide)	Understand the basics of surfing, history, and culture. Learn basic surfing terminology.
1	Tues	Beach Safety Rules and Regulations	Phrases for asking for help and giving directions	Learn essential beach safety rules and how to stay safe in the ocean.
1	Wed	Famous Surfers and Surfing Experiences	Comprehension and summarization skills	Listen to podcasts/interviews and write about surfing experiences.
1	Thurs	Collaborative Project: Surfing History	Research and presentation skills	Start a collaborative project on surfing history.
2	Mon	Surfing Equipment	Vocabulary for surfing equipment (e.g. wetsuits, leashes, wax)	Identify and describe different types of surfing equipment and their uses.
2	Tues	Basic Surfing Techniques	Vocabulary for surfing techniques (e.g. paddling, pop-up)	Understand and discuss basic surfing techniques for safety and success.
2	Wed	Surfing Etiquette and Sportsmanship	Communication and conflict resolution phrases	Learn surfing etiquette and practice role-playing scenarios.
2	Thurs	Collaborative Project: Surfing Etiquette	Research and presentation skills	Continue working on the collaborative project. Optional guest speaker session.
3	Mon	Surfing Culture and Language	Vocabulary related to surfing culture (e.g. music, art)	Understand the cultural significance of surfing and its connection to other domains.
3	Tues	Surfing Experiences	Narrative and descriptive writing	Write about personal or dream surfing experiences.
3	Wed	Environmental Impact of Surfing	Persuasive language and debate skills	Debate the environmental impact of surfing and support arguments with facts.
3	Thurs	Collaborative Project: Environmental Impact	Research and presentation skills	Finalize the collaborative project and present it to the class.
4	Mon	Dangerous Marine Life	Vocabulary for marine life (e.g. stingrays, sharks)	Present information on dangerous marine life and safety precautions.
4	Tues	Sharks in the Ecosystem	Discussion and debate skills	Discuss and debate common fears and the importance of sharks.
4	Wed	Other Ocean Dangers	Vocabulary for ocean hazards (e.g. rip currents, sunburns)	Learn about and practice safety measures for various ocean dangers.
4	Thurs	Marine Ecosystem	Research and presentation skills	Explore the importance of healthy coral reefs and their impact on surfing.
5	Mon	Review of Surfing Vocabulary and Safety Rules	Comprehensive review	Intensive review of all surfing vocabulary, safety rules, and equipment functions.
5	Tues	Surf Etiquette and Techniques	Practical language use	Watch videos and presentations on surf etiquette and practice key phrases.
5	Wed	Field Trip or Guest Speaker Session	Practical learning experience	Visit a local surf shop/museum or have a surf instructor session.
5	Thurs	Practical Surf Lesson Preparation	Practical application	Prepare for and participate in a practical surf lesson.

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